

## Region 4 Behavioral Health Board 2014-2018

### County Commissioners (3 seats)

**Elt Hasbrouck** - Elt is a native of Valley County raised on a ranch south of Cascade, a fourth generation cattle rancher married with three grown daughters and a proud graduate of the University of Idaho. He conveys experience managing a successful ranching business over the past 25 years and has served on the boards of Southern Idaho Timber Protection Association, Valley County Planning & Zoning and Cascade School District. Elt has a passion for building teams and creating support with fellow commissioners, Valley County employees and the general public for who he represents.



**Jim Tibbs** is an Ada County Commissioner with more than 40 years of public service. He is a 34-year veteran of the Boise Police Department, a former member of the Boise City Council, former Investigator for Canyon County, and previously served as the Idaho's first Drug Czar as well as Chairman of the State of Idaho Board of Corrections. As State Coordinator for the Rural Law Enforcement Methamphetamine Initiative (RLEMI), he assembled a group of statewide stakeholders and facilitated the development and implementation of a strategic plan during the 2 year project. Jim is a proven leader, having served most of his years in public service in management and leadership roles.

**Laura Baker** is a Boise County Commissioner who has lived in Southwestern Idaho area for almost 20 years. She is an advocate for veterans' health, including PTSD treatment, and mental health for the elderly. Her volunteer work has included hospitals, in-home hospice with terminally ill patients, and retirement communities. She has organized community events and fundraisers in the past and served on the Fairfield Senior Center board. She and her husband, a Deputy with the Boise County Sheriff's department, have four children, two of which serve in the military. In addition to Boise County Commission work, she is currently the business manager for iSucceed virtual high school.



### Mental Health Consumers/Advocates (4 seats)



**Steve Graci** is the executive director of Idaho Federation of Families, an advocacy organization for children with mental health concerns and their families. A veteran advocate, he has served as the Executive Director of Vermont's Protection and Advocacy System for Mentally Ill Individuals and in Iowa as the Executive Director of Mental Health Advocates of Linn County. Steve also worked for Linn County Dept. of Mental Health as a community group home director serving developmentally disabled children, adolescents, adults and their families. Steve has lived experience as both the child of parent and the parent of a child with mental health concerns; his adult child

lives in wellness and stability with his mental illness. He serves on the Youth Behavioral Health Committee.

**Jess Wojcik** is currently working to make mental health services more accessible to consumers through her work with the Office of Consumer and Family Affairs, Idaho Peer Specialist Project (Jannus), and Recovery Idaho board of directors. Jess has a background as a health and wellness coach and worked with clients for several years with a behavioral and emotional health-based approach to wellness before relocating to Boise. Behavioral health for consumers, families, and allies is something she is passionate about and she is happy to be a part of Region 4's team of advocates and action-takers working to improve Idaho's mental health climate. Jess is the 2015-16 board vice-chair.



**Amy Korb** LPC, NCC, LSW, CPRP is Program Director, Vice President at Riverside Rehab. She has served Riverside's team in increasing leadership capacities, starting with Lead Social Worker in 2004, Program Director in 2008 and Vice President in 2012. Amy has shown great dedication in delivering services to the company's chronically mentally ill clients. Amy is co-chair of the Idaho HOPE Advisory Board. She is a member of the Founders Leadership Society of BSU and continues to be involved with the Alumni Association and Department of Social Work. Amy completed her Masters of Counseling at ISU-Meridian. Amy is CAFAS and PECFAS certified. She is the board secretary 2015-16 and serves on the Youth Behavioral Health Committee.

**Kim Keys** is the Owner and sole practitioner of Kim Keys, LLC Counseling, Consulting and Clinical Supervision. Formerly the clinical director for Easter Seals Goodwill Behavioral Health and Canyon Co. Court programs, Kim worked in the counseling field for over 15 years. Kim received her undergraduate degree in Music Therapy from Indiana University – Purdue and her graduate degree in Mental Health Counseling at Idaho State University. She has completed extensive internships at River Oaks hospital in New Orleans as well as Atascadero State Hospital; a maximum security prison for violent sex offenders in California. Kim's specialties include trauma, forensic populations, substance abuse, adolescents, families, domestic violence and sexual assault. She has been adjunct faculty and conducted workshops for the Idaho Department of Juvenile Corrections, the Oregon Medical Association and many others. Kim is co-chair of the board during 2015-16.



#### **Substance Use Disorders Consumers/Advocates (4 Seats)**



**Sabrina Swope**, PhD has owned and operated Affinity, Inc., a Behavioral Health organization for 14 years and has been in the field of behavioral health for nearly 25 years. She lost a son to an overdose, while he was struggling with an addiction created by years of self-medicating a mental health disorder. She believes education, early prevention and intervention are necessary, as well as continuous, innovative ways in which to deliver necessary services despite limited resources. She has a passion for advocacy of children, adults and families who are impacted by developmental disabilities, mental health disorders, substance use disorders or any underserved or undervalued population. An interest is the advancement of the service delivery systems for individuals, families and children that are impacted by any or all of these conditions.

**Trini DeMarco** spent 25 years in the banking industry in both lending and investments. After leaving the banking industry, she now pursues her interest in fitness, including earning her personal trainer certification from American College of Sports Medicine. She currently works and trains with those who share a passion for health and fitness. In addition, Trini recently completed Recovery Coach Certification program in Idaho presented by CCAR; she's establishing a recovery coach business. Trini is also a full time student pursuing a degree in physical therapy. She states, "None of this would be possible without my dedication to recovery. Every day I wake and before I go to bed, I work a program of recovery. The more I give, the more I get in return, working with those who also seek a better life in recovery." She serves on the Recovery Wellness Oriented Committee.



**Christina Smith** is a licensed clinical social worker (LCSW) who has provided social work support in various capacities for the past 17 years. In addition, she has served in several administrative roles throughout her career, in hopes to enhance the quality of life for indigent and underserved populations in our community. Outside of her career, Christina has given countless hours to other causes for environmental conservation due to her passion for the great outdoors. Christina currently owns a private practice providing counseling services, works for a Mountain Home mental health clinic, and is an Adjunct Professor for Boise State University's Social Work Department. She enjoys traveling, outdoor activity, and hiking in the mountains with her husband and son. As a board member, Christina would like to support local government in making positive changes to improve the lives of people who struggle with substance abuse and mental disorders in our state. She is the 2015-16 member-at-large on the board executive committee.



**Brandi Hissong** was raised in Mountain Home and returned to raise her family there after spending time post-college teaching English in Ecuador. She's bilingual (Spanish) and has interest in outreach to the Latino community. She's recently completed her Master's Degree in Social Work, and works for Desert Sage in Mountain Home. She serves on the Recovery Wellness Oriented Committee.

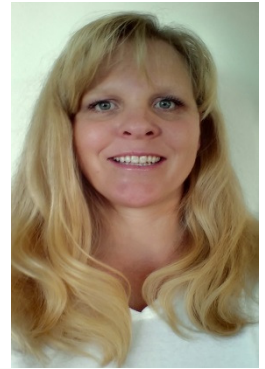


#### **Community – Schools and Health and Welfare (1 seat schools, 2 seats DHW)**

**Shelley Retter** has been an educator in the public school system for over 30 years. She received a Bachelor of Arts in Elementary Education with an emphasis in Special Education and a Master of Arts in Curriculum and Instruction with an emphasis in English as a Second Language from Boise State University. She has taught special education to children at all grade levels, and was a special education consulting teacher for 4 years. This is her 12th year as a special education supervisor in the Boise School District. Shelley has also enjoyed being involved with children's mental health committees at the regional level for several years. Her favorite job is as a mother of 3 and a grandmother of 4!



**Christy Sofaly**, LCSW is an adult and children's mental health clinician with the Idaho Department of Health and Welfare serving the Valley County area. In this position, she works closely with individuals and families affected by mental illness to help them access the services they need. She is a designated examiner and collaborates with the local hospitals, schools, mental health agencies, and police in acute mental health crisis situations. Prior to this, she worked for several years with the Idaho Department of Juvenile Corrections and as a therapist for Northwest Children's Home. She also serves on the Valley County Youth Advisory Committee and on the McCall-Donnelly School District Wellness Committee.



**Jennifer Burlage** is the Region 4 Program Manager for Division of Behavioral Health with the Department of Health and Welfare. She earned her Master's degree in Marriage, Family, and Child Counseling from The University for Humanistic Studies (Solana Beach, CA) and has 25 years' experience in the behavioral health arena. She has worked in both private and public settings providing service to adults, children, families, and couples. She has worked with the Department for the past 13 years and has supervised the Mobile Crisis Unit and the Forensic Assertive Community Treatment Team before taking on the role as Project Manager and finally Program Manager. In her spare time, Jennifer enjoys travel, reading, and outdoor activities including snowboarding and hiking. Jennifer is the 2015-16 treasurer.

#### **Licensed Health Professional, MH and SUDS Treatment Service Providers and Hospital Representatives (4 seats)**

**Winslow Gerrish**, PhD is a licensed clinical psychologist and faculty member of the Family Medicine Residency of Idaho (FMRI). He is also an instructor and psychotherapy supervisor for the University of Washington (UW) Psychiatry Residency's Idaho Advanced Clinician Track. Prior to joining FMRI, Dr. Gerrish served as the Assistant Director of Behavioral Sciences at the Boise Veterans Affairs Medical Center's (VAMC) Center of Excellence in Primary Care Education and as Program Director of Boise VAMC's PTSD Clinical Team. Dr. Gerrish has trained and worked with primary care medicine residents throughout his entire career and is passionate about preparing resident physicians to care for patients at the intersection of physical-, mental-, and behavioral-health. Dr. Gerrish's curricular, research, and clinical interests include Patient-Centered Medical Home transformation and team-based care in the context of graduate medical education, Primary Care-Mental Health Integration, behavioral medicine, and evidenced-based psychotherapies in a family medicine setting. Dr. Gerrish holds a Clinical Assistant Professor appointment in the UW School of Medicine's Department of Psychiatry and Behavioral Sciences.





**Greg Dickerson** founded Human Supports of Idaho in 1996. Human Supports of Idaho became the first private mental health agency in Idaho to earn a full 3 year accreditation award by CARF. The company has maintained full accreditation status since that initial award. Greg earned his Bachelors of Social Work degree from Idaho State University, his Master of Social Work degree from the University of Denver, and his Master of Business Administration degree from Northwest Nazarene University. Throughout his career, Greg has served on several advisory boards and participated in leadership forums designed to improve services for people with mental illnesses. In addition, he has served as the chairman of the Region 4 Mental Health Board, 2010-2014. Greg is convinced that people with severe mental illness can and do recover from its effects and live full and meaningful lives.

**Ken Widick** is Director of Housing and Veterans Services for Supportive Housing and Innovative Partnership (SHIP) overseeing 11 Safe and Sober Houses serving nearly 100 residents, utilizing a total of five program sources. Ken is a trained Recovery Coach and Recovery Coach Trainer, both in coaching and ethics, by the Connecticut Community for Addiction (CCAR). Ken has been involved in the training of several groups of Recovery Coaches within the state of Idaho to prepare for state certification. He is a person in long term recovery, since May 1, 1998 and is an advocate for the use of the Recovery Model for Behavioral Health issues. He serves on the Providers Committee.



**Rhea Morrison** began her 25-year healthcare career in private practice, before joining St. Luke's in 1998. She currently serves as the Director of Operations for St. Luke's Health Partners; her work includes practices and facilities in Ada, Elmore and Valley counties. One focus of their work is to integrate behavioral health into primary care settings. In addition to undergraduate degrees in marketing and health care administration, she holds a Master of Business Administration degree. Rhea is an advocate for robust mental health services. Her personal experience includes the heartbreak of having a child with a serious mental illness and the difficulties in navigating the system. Her daughter, now 21, has achieved a greater level of stability and currently lives out of state. Rhea feels honored to have mentored many families and assisted with family crisis and intervention when asked. Her greatest joy is spending time with family (husband and sons, 13 and 8); especially traveling together and cheering at sporting events (football, lacrosse, basketball, and swim team). Rhea is co-chair of the board for 2015-16.

**(See next page for additional board members bios.)**

## Juvenile Justice, Adult Justice, Law Enforcement and Judiciary (4 seats)

**Elizabeth Francis** is an Ada County Juvenile Probation Officer III with nearly 10 years of experience serving youth and their families. During her tenure, she's collaborated with mental health and substance abuse disorder professionals and community organizations in efforts to better serve not only the juveniles and families she has direct work contact with, but the community at large. She's the chair of the Ada County Juvenile Court Services GED committee, as well as the liaison for Juvenile Probation and Law Enforcement to include Boise Police Department Neighborhood Contact Officers, School Resource Officer's and the Gang Unit. Elizabeth is passionate about creating change and improving overall behavioral health resources and services in our community.



**Jeremy Clark** has been a licensed clinician in Idaho for 8 years; he's worked in the correctional system for both juveniles and adults. Much of his experience comes from treating people who have been either adjudicated or convicted of sex offenses. He currently oversees the mental health services in two prisons including the Acute Mental Health Unit located at the state maximum security facility. He is also designated to provide oversight for the sex offenders programming for all of the state prisons, and provides consultation for the community supervision of people who have been convicted of sex offenses. He holds a clinical membership in the Association for the Treatment of Sexual Abusers (ATSA), and current member and past Treasurer for the Idaho chapter of ATSA (IATSA).

**Carlos De Leon, Jr.** – has worked for the Ada County Sheriff's Office since 1983. He has served in a variety of roles including detention and patrol deputy, Master SWAT sniper and operator, narcotics detective, patrol and civil services sergeant. Carlos is currently the Sheriff's Office patrol commander, supervising the 44 patrol deputies working in North and South Ada County. Carlos is also the Crisis Intervention Team (CIT) Coordinator, Firearms Instructor Liaison, Use of Force Committee Sub-Chair and Special Events Incident Commander for Ironman 70.3 and Boise Music Festival. Carlos is extremely proud of his 21 years of service to the citizens of Ada County and works to leave every assignment just a little bit better than when he began.



**Kelly Jennings** is the first and ongoing coordinator of the Ada County Mental Health Court, which started in July, 2005. She earned her Master of Public Administration degree from BSU in 2005 and is a past president of the National Alliance on Mental Illness (NAMI) Boise. Kelly participated in the SIM (System Intercept Mapping) exercise in Boise in 2012 sponsored by SAMHSA and the GAINS Center and was a member of the Mental Health Subcommittee of the Ada County Criminal Justice Coordinating Committee. Kelly participated in the Idaho Supreme Court Justice/Mental Health Collaboration Project and the ISC workgroup that established Idaho's first "Statewide Guidelines for Idaho Mental Health Courts." She is also certified to complete LSI-R assessments. Kelly represents the 4<sup>th</sup> Judicial District on the board, at the request of the Honorable

Timothy Hansen, Administrative Judge.